

Are you interested in Supported Family Care as a residential option for yourself or your family member?

Frequently Asked Questions

How does Spectrum match individuals requiring support with caregivers?

We put great care into selecting potential caregivers who have relevant training and life experience necessary for a commitment to being family caregivers. We will introduce you to potential caregivers who can meet your particular needs. You and your family will have the final choice over this important decision.

Can I stay in my existing day program?

We encourage people to maintain any outside programs of their choosing, assuming the necessary arrangements can be made (eg. funding, transportation).

What support does Spectrum offer if there are problems?

Our expectation is that you and your caregiver will resolve day-to-day issues as they arise, just as any roommates do. Caregivers are selected based on their ability to communicate clearly and effectively. If problems come up that you can't resolve on your own, then we can offer assistance.

What happens if the caregiver decides to quit or move?

Caregivers are required to give ample notice if they plan to move, so we have time to start looking for a new caregiver or a different model of service.

Will my own family and friends still be able to help me with decision-making?

We welcome the involvement of families and friends to assist you with decision-making. Your caregiver's role is to support you and to enhance your natural support network, not to replace it.