



BAREFOOT FOR BI-POLAR

Join us, as we walk in support of mental health
and those living on the bi-polar spectrum.

Together we can help improve community based
resources, raise awareness and combat the
stigma associated with mood disorders.



August 26, 2018 | 10 AM to 1 PM
Stanley Park, Vancouver, BC

Meet at grass area at Second Beach. For more
info and to register visit www.stigmafreezone.com



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