

# MASTERING MONEY: A FAMILY BUDGETING WORKSHOP



**Date: Feb 13, 2024 (Tue)**

**Time: 10-11:30am**

**Location: Zoom**

## CONTENT

Take control of your money with budgeting and financial goal setting. Budgeting is one of the most valuable tools for taking control of our money. Learn how to track income and expenses to provide a road map for achieving financial wellness. Learn to distinguish between needs versus wants, how to set short, medium and long term financial goals, along with strategies for keeping within budget.



## GUEST SPEAKER

**Joanne Monteiro (she/her)**

Financial Empowerment  
Facilitator & Coach

Register: Email us at [pspgroupsignup@cameray.ca](mailto:pspgroupsignup@cameray.ca) or  
call us at 604-436-9449

