
PERSON CENTERED PLANNING THROUGH AN INDIGENOUS LENS

Cheyenne, Dallas, Eilidh & Lindsay



LAND ACKNOWLEDGMENT

We humbly and gratefully acknowledge that we are gathering on the ancestral and traditional territory of the Snuneymuxw First Nation, who have been stewards of this land since time immemorial.



INTRODUCTIONS



Cheyenne Yellowhead



Dallas Stager



Eilidh Nicholson



Lindsay Clifton



INTENTION SETTING

- Our intent is to create a safe space for learning, sharing of knowledge, listening and asking questions. We come here today with open hearts and open minds and ask to be received in the same way.



AGENDA

- CLBC Innovation Grant Project
- Our Intent
- Our Process
- Our Learning
- Where we want to go

CLBC INNOVATION GRANT

Spectrum has a long history of person-centered planning as a framework for our supports. Ensuring that we were planning in a good way with the people we support who are Indigenous demanded that we look beyond our frameworks and learn from Indigenous ways of knowing and Indigenous pedagogy. We wanted to know what does person-centered planning look like through an Indigenous lens. We applied for a year-long grant and were successful. This allowed us to spend a year working with an Indigenous consultant, the people we support who are Indigenous and Indigenous support staff.



“Etuaptmumk refers to learning to see from one eye with the strengths of Indigenous knowledges and ways of knowing, and from the other eye with the strengths of Western knowledges and ways of knowing... and learning to use both these eyes together, for the benefit of all.”.

Mi'kmaq Elder Albert Marshall

"Two-Eyed Seeing intentionally and respectfully brings together our different ways of knowing, to motivate people to use all our gifts so we leave the world a better place." (Bartlett, Marshall, & Marshall, 2007)

It is an ongoing journey of co-learning, with and from each other.

It is "weaving back and forth" between knowledges.

"Consider Indigenous perspectives and knowledge and engage with Indigenous families and/or support networks and community members to: Develop meaningful relationships, Seek ways to promote an equal power balance, and Develop service plans that reflect Indigenous beliefs and practices and support Indigenous rights" – Taken from CLBC Cultural Safety Service Provider practice guide February 2023

WHAT DO WE MEAN BY PERSON CENTERED PLANNING?

- At Spectrum, planning is always strength based, meaning it recognizes the gifts and contributions of each person and encourages sharing those gifts in community. Each person chooses the type of planning that works for them, decides who to include in planning and what goals they wish to focus on as they pursue their vision of a good life.



OUR INTENT- "IT TAKES AS LONG AS IT NEEDS TO TAKE." -ELDER LILLIAN HOWARD

Develop a framework

- Importance of protocol and ceremony
- meaningful person-centered planning
- learn and understand Indigenous Pedagogy in the context of our support
- understand, acknowledge and address any gaps or barriers; including attitudinal and systemic barriers
- Do nothing about us without us

Do a discovery process

- Listen to the people we support
- What did planning look like and was it working?
- Who was connected to culture?
- Who was connected to their nation or community?
- Our own learning /unlearning journeys

Work alongside people

- Building relationships of trust
- Listening deeply
- Being transparent
- Being vulnerable
- Being compassionately curious
- Being intentional
- No judgement
- Being self-reflective and building in self-reflective practice

“INDIGENOUS PEOPLE ACROSS TURTLE ISLAND DID NOT WRITE DOWN THEIR HISTORY LIKE WE SEE WITH SETTLERS. THEY WOULD DOCUMENT THINGS BY “WITNESSING” CEREMONY AND BY WORD OF MOUTH. THIS IS PART OF WHY STORYTELLING IS IMPORTANT TO INDIGENOUS PEOPLE. IT ALSO BUILDS RELATIONSHIP BECAUSE WE ARE HEARING AND FEELING WHAT IS BEING SHARED.”

Priscilla Omulo- Indigenous Knowledge keeper/consultant on project



OUR PROCESS- GATHERINGS

Intention was to bring people together to start building trust and safety

A way to let them know that they were valued, and their culture is important.

A way to build connection and learning

Culture can bring healing in ways we didn't know we needed.

Created a way to build community at Spectrum

Gatherings are now planned as a collective, everyone shares their ideas.



learning how to bead
Indigenous weaving gathering
Culturally appropriate services

sharing 4 sacred medicines
cedar weaving *working with Elder* *being culturally connected* *working in a good way*
land based gathering
learning

Culture

cultural teachings smudge sage Elder
making a drum *harvesting medicine* *Indigenous teachings* *Learning about where you come from* *cultural connection*

OUR LEARNING

The importance of culture

- It is critical to explore and talk with people about connecting to culture whether they are connected to culture or not.
- Ensuring that as a service provider that we are working in a cultural safe way.
- Knowing resources to support people to be connected.

The importance of being connected

- Every person involved in the project wanted to be more connected.
- Everyone wanted to come together as a group and learn more cultural teachings
- It takes time and that's okay, it was better to slow down and do things in a good way.

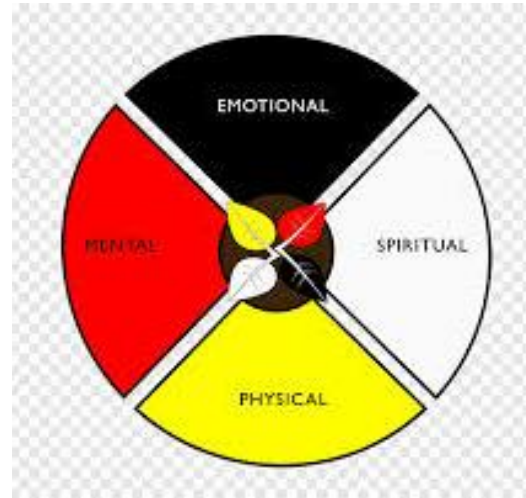


CULTURAL SAFETY

- **Do no harm**
- Listen, learn, unlearn and self-reflect
- It is an outcome of the ongoing work of understanding the continuing damaging effects of colonization
- humility
- Trauma and violence informed practice
- CLBC Cultural Safety Policy
- Cultural Safety Spectrum-
lenpierreconsulting.com

WHERE WE WANT TO GO....

- Keep growing and learning
- Share the learning with others
- Develop a good relationship with an Elder
- Continue to build community at Spectrum for the Indigenous people we support
- Develop leadership opportunities for the Indigenous people we support



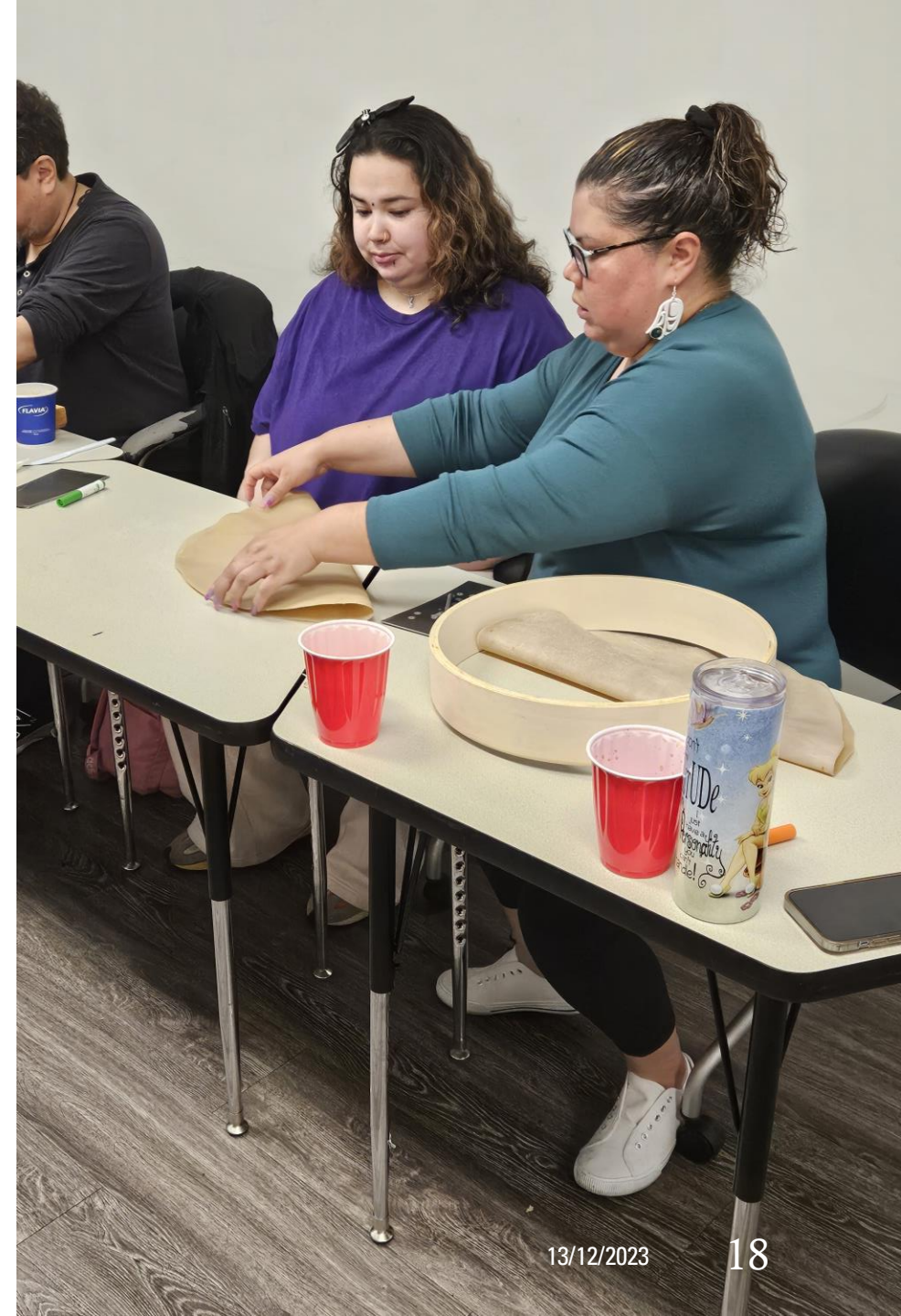


WHERE WE WANT TO GO

- Build partnerships with Nations and Indigenous organizations
- Have more time with an Elder to hear what they have to say
- Hire more Indigenous support staff
- Have more gatherings!

Final Thoughts

Questions



WE RAISE OUR HANDS TO YOU

Cheyenne, Dallas, Eilidh and Lindsay