



Please join us for a Honouring Orange Shirt day (True and Reconciliation Day) on September 29, 2026. We will be learning about the 4 sacred medicines. While we learn about the 4 medicines we will be making medicine pouches



Orange shirts Day was formed in Williams Lake, BC when elders gathered and talked about their experiences at St. Joseph Mission residential school. The elders gathered to tell their stories and try to heal themselves and their families. Phyllis (Jack) Webstad Story of her shiny orange shirt being taken away on the first day of residential school and other people having a similar story as Phyllis, which started a movement of Orange shirt day. This day is to bring awareness to what happened in residential schools and to have meaningful conversations.

Lunch - Halibut chowder or veggie soup

September 29, 2026
12pm-4pm

Barb Goode Training Room (next to Spectrum office)
3223 Kingsway Vancouver

Please RSVP by September 23, 2026

Please let us know if you require any assistance getting to or from the gatherings and if there is anything else you need. Lindsay is here to help with anything you need to be able to come. RSVP to Lindsay at lindsay.clifton@spectrumsociety.org or 236-312-1449